



Substance Use Disorders (SUD) Clinic

Hosted by QFHT physician
Dr. Sean Haffey

Queen's Family Health Team (QFHT) has opened a clinic to assess and treat patients struggling with alcohol and substance use. Substance use disorders (SUDs) are very common, and many patients are suffering from new or worsening substance use since the start of the COVID-19 pandemic.



Wednesdays
1:30 – 4:30 p.m.

- Personalized treatment plans
- Open to QFHT patients only
- Appointment required (no walk-ins)
- Ask your health-care provider for a referral

**QUEEN'S
FAMILY
HEALTH TEAM**

**220 Bagot Street
(1 North)**

SUDs are often characterized by "the 4Cs":

1. Difficulty **CUTTING BACK** use
2. Use despite negative **CONSEQUENCES**
3. **CRAVINGS** to use
4. **COMPULSIVE** use (i.e., inability to control)

If you are experiencing any of these in relation to alcohol or substance use, including cannabis, pain killers (opioids), stimulants, or sedatives (benzodiazepines), please ask your health-care provider for a referral to this clinic.