

Smoker or ex-smoker who is >40 years old
and answers "yes" to any one question below:

Canadian lung health test

- Do you cough regularly?
- Do you cough up phlegm regularly?
- Do even simple chores make you short of breath?
- Do you wheeze when you exert yourself, or at night?
- Do you get frequent colds that persist longer than those of other people you know?

Spirometry recommended