



Queen's
UNIVERSITY

Family
Medicine

Are there any side effects I need to watch for?

Which medications do I need to keep taking and why?

How do I take my medications and for how long?



Do you know how to talk to **health care providers** about **medications** either for yourself or for someone you care for?

THURSDAYS

January 11, 18 & 25, 2024

1:30 – 3 p.m.

Via Zoom

Facilitated by **Nicole Nakatsu, RPh**

Join us at the Queen's Family Health Team for a series of three, free workshops designed to help you talk with your doctors, pharmacists, and other health-care providers about your medications.

To register for the program, call **613-533-9303, Ext. 73890**, or email **dfm-medications@queensu.ca**.