

Breastfeeding Drop-in

All parents and babies welcome

Moms Supporting Moms

Kingston Frontenac Public Library

Central Branch — 130 Johnson St.

Meeting Room #1

Facilitated by:

Liz Hughson, Lactation Consultant

For more information call:

613-533-9300, Ext. 73822

*All adults required to wear a mask inside the library

Tuesdays: 10 a.m. to noon

March 2 and 16

April 6 and 20

★ One-on-one
counselling
appointments
available by request.