

TRAVEL SAFETY POLICY

Resident safety is a top priority for QFM. Residents are not expected to travel for clinical or other academic reasons if there is a safety concern. If a resident feels unsafe to drive, regardless of long distance travel or weather conditions, they should NOT drive. If safety issues prevent travel, the resident is expected to contact the education office promptly. Assignment of an alternate activity is at the discretion of the Site/Program Director.

Contacts

BQ, QBOL, PK:

- Contact the primary preceptor for the specific rotation
- Contact the Site Coordinator and Site Director

KTI:

- If at QFHT, complete the [Unexpected Absence Reporting](#) form before 8AM.
- If not at QFHT, complete the [Unexpected Absence Reporting](#) form before 8AM and notify your preceptor/rotation coordinator.

Personal Vehicles

When residents are traveling for clinical or other academic assignments by private vehicle, it is expected that they maintain their vehicle adequately and travel with appropriate supplies and contact information.

Long Distance Travel

For long distance travel (defined as any single trip over 150 km in length from the present rotation/learning experience to the subsequent rotations/learning experience or to an academic event), residents should ensure that someone (i.e., a family member, friend, or colleague) is aware of their itinerary.

- When long distance travel >300 km is required, the resident may request that they not be on call the last day of their rotation and that they be released at 12 pm on the last day.
- When long distance travel >150 km is required, the resident may request that they not be on call the last day of their rotation and that they be released at 3pm

Approved by: RPC

Date of last review / approval: June 2026

on the last day.

It is the resident's responsibility to notify their rotation supervisor of their long-distance travel needs prior to the call schedule being published. If this cannot be arranged, then the resident should contact the Education Office and the supervisor of their following rotation to ensure there is a designated travel day on the first day of the following rotation/learning experience.

Sleep

Residents should not drive if they have not had sufficient sleep within the last 24 hours. Studies have shown that driving while sleep deprived is comparable to driving while intoxicated.

Weather

If the weather changes during a resident's trip, making it unsafe to continue travelling, the resident should stop and if needed find a hotel. The education office must be notified, and accommodation expenses will be covered.