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## Memo/Note

To/Destinataire	Physician Partners
Date	January 2014
Subject/Sujet	Short Stay Convalescent Care Unit
From/De	Laurie French, Senior Manager, South East CCAC

The South East CCAC Short Stay Convalescent Care (CC) unit, a Long Term Care operated facility located within the Lennox and Addington County General Hospital site, admitted their first patient on Nov 14<sup>th</sup> 2013. We have since successfully filled the 22 bed unit, and continue to assess patients for admission and/or waitlist for the unit as the CC patients progress towards their individual goals and are discharged back home.

58% of patients have come from our local hospitals and 42% from community to convalesce post fractures, post cardiac surgery, CHF or COPD exacerbation; however, referrals to the CCAC have been slower than anticipated for this new LHIN funded important care setting.

Patients receive one to one physiotherapy as well as group exercises daily. All patients socialize during daily activities and join each other in the common dining room for meals, preparing them for their return home. The feedback received from patients, families and staff have been of sincere appreciation.

I would like to encourage you to continue seeking out referrals for CC type patients within your hospital and/or community setting and make a referral to the CCAC through our usual process. We endeavour to make this unit a success in supporting patient flow, and need your help to do so.

Please find included guidelines that outline in more detail the application process, target population, exclusion criteria, and average length of stay. Please do not hesitate to contact me if you have any questions at <a href="mailto:laurie.french@se.ccac-ont.ca">laurie.french@se.ccac-ont.ca</a>

